

UV Safety

Sun safety: Reduce the risk of UV exposure in the workplace

- Take steps to avoid excessive UV exposure, which can lead to painful burns to the skin, irritate existing skin conditions, and cause skin cancer.
- Be familiar with the outdoor UV index.
- Wear protective clothing, along with hats and sunscreen.
- Use UV protection even in overcast or foggy weather conditions.
- Be aware that water, snow, and other surfaces reflect UV rays and increase your exposure.
- Consider avoiding exposure to UV light by changing work processes or materials.
- Consider changing work schedules to avoid UV exposure.

